Lunch Menu

Available 11am - 3pm

Cold Sandwiches All £4.50

Prosciutto Ham

Buffalo mozzarella, sliced tomato and

Onion Bhaji (Vv)

Sweet potato, red onion, red peppers, spinach and curried mayo in a Khobez wrap

Hot Sandwiches All £4.50

Grilled Halloumi & Guacamole (V)

With courgette ribbons & toasted seeds served on a ciabatta roll Why not swap halloumi for basil tofu to make it vegan? (Vv)

Spicy Seitan Gyros (Vv)

With shredded lettuce, tomato & cucumber with tzatziki sauce served on a Khobez wrap (V)

Croque Monsieur

Toasted ham and emmental cheese sandwich topped with rarebit sauce served on white bloomer bread

Meatball Marinara

Italian pork sausage meatballs with a marinara sauce topped with mozzarella on a ciabatta roll with a side of rocket salad

Peri Peri Chicken

Tender pieces of chicken in a peri peri marinade, icebera lettuce, cucumbers. red onions, cherry tomatoes and topped with peri peri mayo in a Khobez wrap

Moroccan Roast Vegetable

 (V_V)

Roasted vegetables in a Moroccan marinade topped with hummus and wrapped in a Khobez wrap

Salads

Halloumi Salad (V) £5 50

Warm halloumi, rocket, tomato, cucumber, grated carrot, olives, sun blushed tomatoes & red onion with a pesto oil

Naked Burrito (Vv)

£5.00

Red quinoa, buckwheat, red rice, sweet potato, salsa, BBQ sauce, sweetcorn, carrot, cabbage, onion, beans, mixed leaf and guacamole topped with crispy tortilla strips

Aubergine Tabbouleh(Vv) £5.00

Red onion, aubergine, tahini, coconut couscous, moroccan roasted vegetables, crispy onions and spring onions

Soup of the day - Served with a ciabatta roll

(H) Halal (V) Vegetarian (Vv) Vegan



INTERVAL

Lunch Deals

Available 11am - 3pm

Sandwich Meal Deal

Any Sandwich, fries and selected drink £5.50

Drinks include coke, diet coke, lemonade, tea or coffee, fruit juice

Soup

Meal Deal

Soup of the day and Sandwich

for £4.95

Pizza Meal Deal

Any 7" Pizza, fries and selected drink £5.95
Drinks include coke, diet coke, lemonade, tea or coffee, fruit juice